



Sample Outline

Cause & Effect: College Drinking

- I. Drinking on college campuses is a widespread phenomenon and problem
 - A. There are many causes of alcohol use on college campuses
 - B. There are many consequences of alcohol use on college campuses
- II. Causes of drinking on college campuses
 - A. Peer Pressure
 1. Indirect and direct
 2. Freshman at higher risk for alcohol use
 - B. Stress & Anxiety
 1. Academic anxiety over studying, finals, etc.
 2. Social anxiety
 3. Use alcohol to relive stress and/or relax
 - C. Social situations
 1. Alcohol use leads to increased social acceptance and connections.
 2. Influence of Greek social organizations, clubs, and social gatherings, which use alcohol heavily.
- III. Consequences of drinking on college campuses
 - A. Academic consequences
 1. Reduced grades
 2. Poor study habits
 3. Missed opportunities (school activities, class, etc)
 - B. Legal consequences
 1. Illegal for those under-age students
 2. Tickets or jail time for:
 - a. Public intoxication or disorderly conduct

- b. Property damage
- c. Physical and sexual assault
- d. Driving while intoxicated

C. Health consequences

- 1. Unprotected sex
 - a. Unwanted pregnancy
 - b. Sexually transmitted disease
- 2. Vehicular accident
- 3. Liver problems
- 4. Memory loss
- 5. Alcohol addiction