Sample Outline

Cause & Effect: College Drinking

I. Drinking on college campuses is a widespread phenomenon and problem
   A. There are many causes of alcohol use on college campuses
   B. There are many consequences of alcohol use on college campuses

II. Causes of drinking on college campuses
   A. Peer Pressure
      1. Indirect and direct
      2. Freshman at higher risk for alcohol use
   B. Stress & Anxiety
      1. Academic anxiety over studying, finals, etc.
      2. Social anxiety
      3. Use alcohol to relieve stress and/or relax
   C. Social situations
      1. Alcohol use leads to increased social acceptance and connections.
      2. Influence of Greek social organizations, clubs, and social gatherings, which use alcohol heavily.

III. Consequences of drinking on college campuses
   A. Academic consequences
      1. Reduced grades
      2. Poor study habits
      3. Missed opportunities (school activities, class, etc)
   B. Legal consequences
      1. Illegal for those under-age students
      2. Tickets or jail time for:
         a. Public intoxication or disorderly conduct
b. Property damage

c. Physical and sexual assault

d. Driving while intoxicated

C. Health consequences

1. Unprotected sex
   a. Unwanted pregnancy
   b. Sexually transmitted disease

2. Vehicular accident

3. Liver problems

4. Memory loss

5. Alcohol addiction